

# 1994 MINNESOTA BOYS TRACK AND FIELD ANNUAL

Tim Miles, Saint John's University  
Bill Miles, Wayzata High School  
Charlie Mahler, Gustavus Adolphus College

## Thanks

Thanks to all coaches and others who sent results. Your efforts are essential toward making these lists more nearly complete. Thanks, too, for your support. Thanks to the Minnesota State High School League for readily making information available. Finally, thanks to Minnesota's high school track and field athletes (past and present) whose outstanding performances make this effort enjoyable. Thanks, too, to Shawn Johnson-Hipp, Women's Cross Country and Track and Field Coach at Hamline University; Shawn is publishing the 1994 Girls Annual.

## Mea Culpa

Please forgive any errors or omissions and make us aware of them. We have done a rigorous search but are certainly aware that neither our 1994 lists nor our all-time lists are complete. We continue our search.

## Timing

The National Federation Rule Book states that unless a timing system is fully automatic, times registered in one-hundredth of a second must be rounded up to the next tenth-second. Example: 10.42 will be recorded as 10.5 unless fully automatic timing is used. When fully automatic timing is used, time will be recorded in one-hundredths (1/100) of a second. In ranking performances, we add 0.24 to manual times to approximate the fully automatic timing equivalent. Example: a hand time of 11.0 seconds would be equivalent to a fully automatic time of 11.24 seconds.

## Meters / Yards

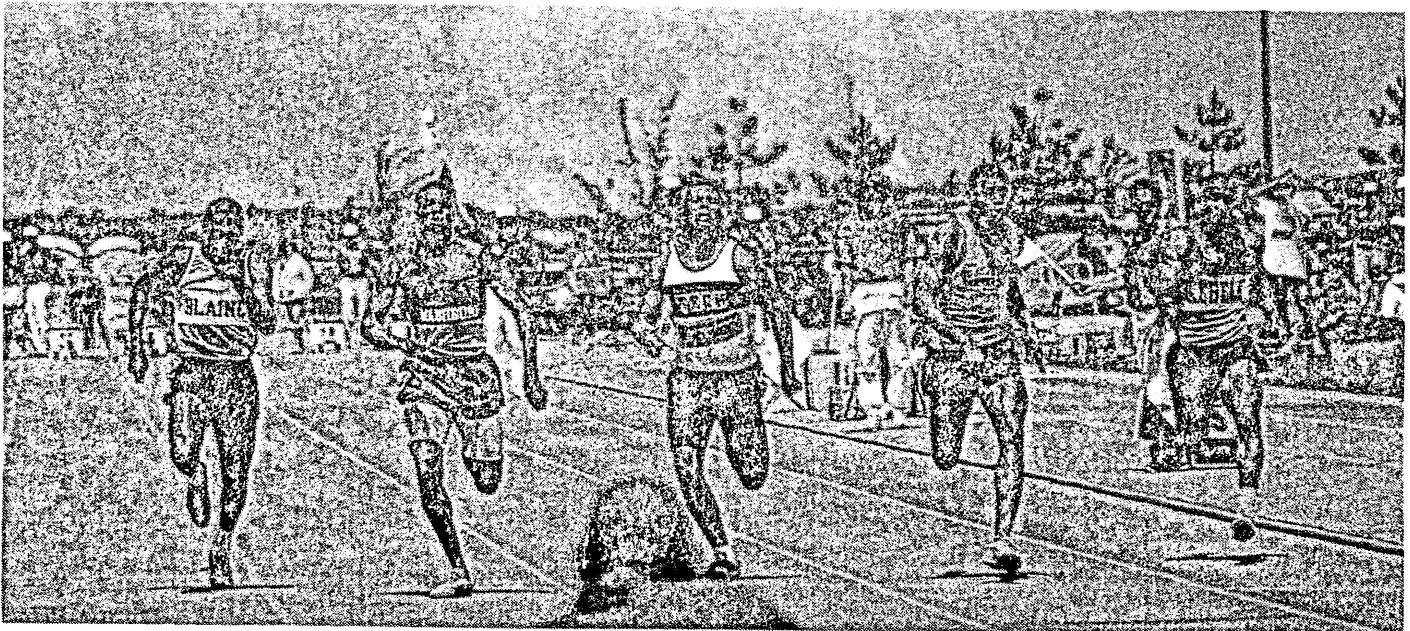
Our All-Time Minnesota lists mix performances run at metric and English distances. Metric performances and their equivalents are listed. If the race was run at an English distance (yards), the actual performance follows name, school, and year in parentheses. Of course, where an event was run only a the English distance and is no longer contested, performances are listed as run. The conversion factor for 110y/100m, 220y/200m, 440y/400 m etc. is 0.9942. That is, multiply the English performance by 0.9942 to get the metric equivalent.

## 1994 Minnesota Girls Edition

Contact Shawn Johnson-Hipp at Hamline University, 1536 Hewitt Avenue, St. Paul, MN 55105.

## Photos

Front Cover: Class AA triple jump champion Dave Bergstrom of Moundsview. Below: Class AA 100 meter final: (L to R) Allen Peal, Blaine (4th); Neville Grant, Mpls Washburn (2nd); Brett Mushatt, St Cloud Tech (3rd); Ramone Robinson, Totino-Grace (1st); Shannon Rainey, Champlin Park (7th). Page 22: Class A 400 meter final: Lanes 1 to 5: Mark Wenzel, Jackson (8th); Andy Otremba, Long Prairie-Grey Eagle (3rd); Joe Selfert, St Michael-Albertville (2nd); Nathan Millerbernd, Winsted Holy Trinity (1st); Jesse Zimmer, Foley (4th). Back Cover: Class AA shot put champion Nate Pederson of Brainerd. All photos at State Championship, National Sports Center, Blaine. Photographer: Tim Miles.



## 100 METERS

### 1994 LEADERS

10.89	Lashay Whittaker	11	Minneapolis De La Salle
10.7	Adam Freed	10	Duluth Marshall
10.99	Ramone Robinson	12	Totino-Grace
11.00	Neville Grant	12	Minneapolis Washburn
11.03	Brett Mushatt	12	St Cloud Tech
10.8	Shannon Rainey	12	Champlin Park
10.8	Verdis Webb	11	Cretin-Derham Hall
10.8	Rashad Grant	12	Minneapolis Roosevelt
10.8	Roman Cress	11	Minneapolis South
10.8	Matt Bramwell	11	Robbinsdale Armstrong
10.8	Matt Skulborstad	11	Rosemount
11.08	Jason Hall	12	Cambridge
11.08	Joey Gleason	11	Minnesota Valley Luther.
11.08	Ryan Morris	12	Waterville-Elysian/Morris
11.09	Andre Johnson	11	Park Center
11.10	Allen Peal	12	Blaine
11.12	Jason Jacobson	10	Aitkin
11.12	Jermaine Brown	9	Champlin Park
11.12	Jeff Kobliska	12	Staples Area
10.9	David Whiteis	12	Anoka
10.9	Brant Grimes	11	Bloomington Jefferson
10.9	Travis Kluegel	12	Mahtomedi
10.9	Erik Hanson	10	Mesabi East
11.14	Shawn Snyder	11	Redwood Valley
10.9	Erik Woods	11	St Louis Park
10.9	Marc Brown	12	St Paul Highland Park
10.9	Nathan Millerbernd	12	Winsted Holy Trinity
11.15	Jeff Tarnowski	10	Benilde-St Margaret
11.17	Shanti Rainey	12	Champlin Park
11.17	Chuck Harris	11	Minnnetonka
11.17	Damion Upsher	12	Park Center
11.19	Ryan Schmitz	11	Mankato Loyola
11.21	Jamie Skogen	12	Blue Earth Area
11.22	David Holmes	12	Breck
11.22	Jonathan Lance	11	Wayzata
11.23	Andy Titus	11	Jackson
11.0	Chris Schmitz	12	Clearbrook-Gonvick-Trail
11.0	Mark Rasmussen	11	Detroit Lakes
11.0	Cory Laulunen	11	Duluth Central
11.0	Chris Bergren	12	Edina
11.0	Luke Adam	9	Hibbing
11.0	Casey Gregg	11	Hibbing
11.0	Brian Bender	11	Hopkins
11.0	Ben Duffey	11	Richfield
11.0	Aaron Vold	12	Rochester Mayo
11.0	LeRoy Brice	12	St Paul Highland Park
11.0	Brad Prigge	11	Zumbrota-Mazeppa
11.30	Harrison Perry	11	Burnsville
11.1	Adam Conn	10	Albert Lea
11.1	Jared Nerison	11	Kenyon-Wannamingo
11.1	Jordan Knosalla	11	Milaca
11.34	Mike Cook	10	Moorhead
11.1	Mathew Wordelman	10	Owatonna
11.1	Andy Nelson	12	Willmar
11.1	Rhashidi VanLeer	11	Woodbury

## 200 METERS

### 1994 LEADERS

21.7	Randy Melbourne	12	Minneapolis Washburn
21.8	Chuck Harris	11	Minnnetonka
21.9	Adam Freed	10	Duluth Marshall
22.27	Ramone Robinson	12	Totino-Grace
22.30	Matt Skulborstad	11	Rosemount
22.32	Rashaad Grant	12	Minneapolis Roosevelt
22.1	Travis Kluegel	12	Mahtomedi
22.40	Jeff Kobliska	12	Staples Area
22.2	Erik Hanson	10	Mesabi East
22.49	Lashay Whittaker	11	Minneapolis De La Salle
22.52	Jason Hall	12	Cambridge
22.3	Matt Bramwell	11	Robbinsdale Armstrong
22.55	Andy Nelson	12	Willmar
22.59	Sean Neubauer	11	Sleepy Eye/St Mary's
22.63	Allen Peal	12	Blaine
22.4	Carson Romme	12	Rochester John Marshall
22.4	Tim London	11	St Paul Academy-SS
22.64	Neville Grant	12	Minneapolis Washburn
22.4	Shawn Snyder	11	Redwood Valley
22.4	Shanti Rainey	12	Champlin Park
22.67	Todd Veroeven	10	Mankato East
22.5	Jesse Zimmer	12	Foley
22.5	Zack Jones	12	Hastings
22.5	Ryan Schmitz	11	Mankato Loyola
22.5	Chris Schmitz	12	Clearbrook-Gonvick-Trail
22.76	Jermaine Brown	9	Champlin Park
22.76	Harrison Perry	11	Burnsville
22.80	Aaron Deutsch	11	Stillwater
22.6	Tim Price	12	Byron
22.6	Erik Brown	12	Forest Lake
22.6	Brett Mushatt	12	St Cloud Tech
22.6	David Whiteis	12	Anoka
22.6	Nathan Millerbernd	12	Winsted Holy Trinity
22.6	Jonathan Lance	11	Wayzata
22.87	Aaron Vold	12	Rochester Mayo
22.89	Jeff Tarnowski	10	Benilde-St Margaret
22.91	David Holmes	12	Breck
22.92	Christian Simonsen	11	Coon Rapids
22.92	Mark Rasmussen	11	Detroit Lakes
22.93	Dan Sondgeroth	10	Deer River
22.7	Dan Drews	10	Grand Rapids
22.7	Andy Otremba	12	Long Prairie-Grey Eagle
22.94	Brant Grimes	11	Bloomington Jefferson
22.7	Marc Brown	12	St Paul Highland Park
22.7	Ben Duffey	11	Richfield
22.7	LeRoy Brice	12	St Paul Highland Park
22.95	Tony Asay	11	Hutchinson
22.96	Scott Stevenson	12	St Paul Harding
22.97	Josh Johnson	10	Fairmont
22.8	Erik Gunderson	12	Detroit Lakes
22.8	Darcy Lundberg	12	Hawley/Ulen-Hitterdal
22.8	Boyd Burke	10	St Francis
23.04	Kelly Hendrick	12	Winona
22.8	Casey Gregg	11	Hibbing
22.8	Brian Bender	11	Hopkins

## 400 METERS

### 1994 LEADERS

48.62	Randy Melbourne	12	Minneapolis Washburn
49.54	Brant Grimes	11	Bloomington Jefferson
49.61	Chris Bergren	12	Edina
49.64	Nathan Millerbernd	12	Winsted Holy Trinity
49.69	Zack Jones	12	Hastings
49.82	Andy Otremba	12	Long Prairie-Grey Eagle
50.02	Joe Seifert	12	St Michael-Albertville
50.11	Andy Nelson	12	Willmar
50.16	Boyd Burke	10	St Francis
50.18	Jesse Zimmer	12	Foley
50.20	Dan Sodgeroth	10	Deer River
50.27	Chris Hoff	12	Fisher
50.32	Erik Brown	12	Forest Lake
50.34	Aaron Deutsch	11	Stillwater
50.44	Scott Nath	12	Adrian
50.59	Eric Vincent	12	Hibbing
50.4	James Billings	11	Eagan
50.4	Erik Hanson	10	Mesabi East
50.66	Niles Deneen	12	St Paul Como Park
50.74	Jeremy Blake	11	Moorhead
50.74	Shane Butler	12	Robbinsdale Cooper
50.84	Sean Gibson	12	Hopkins
50.6	Jason Owen	10	Stewartville
50.8	Ramone Robinson	12	Totino-Grace
50.86	Mark Wenzel	11	Jackson
50.92	Shaun Fransen	9	Edgerton
50.93	Tony Lorenzen	11	Osseo
50.96	Brandon Hedges	12	Eagan
50.98	Petros Yohannes	12	Burnsville
50.98	Clint Okerstrom	12	Christ's Household of Faith
50.98	Andy Johnson	11	Stillwater
50.8	Thanh Tran	11	Fridley
51.09	Steven Betker	12	Irondale
51.14	Jake Kamps	12	LeSueur-Henderson
50.9	Dave Wenell	11	Wayzata
50.9	Jeff Kobliska	12	Staples Area
51.22	Darcy Lundberg	12	Hawley/Ulen-Hitterdal
51.0	Brian Bender	11	Hopkins
51.31	Eric Swift	10	Willmar
51.1	Ben Chatham	12	Grand Rapids
51.48	Matt Mensing	11	Rosemount
51.53	Aaron Vold	12	Rochester Mayo
51.3	Eric Hagemeyer	11	Kenyon-Wannamingo
51.3	Mike Clauson	12	Murray County Central
51.56	Tim Isakson	12	Proctor
51.57	Terry Steinemann	11	Sauk Rapids
51.58	Chris Barth	10	Melrose
51.61	Terry Fischer	12	Bloomington Kennedy
51.63	Troy Ritchie	12	Bemidji
51.63	Mike Daleiden	11	Montgomery-Lonsdale

## 800 METERS

### 1994 LEADERS

1:51.41	Jason Owen	10	Stewartville
1:53.34	Terry Haley	12	Cretin-Derham Hall
1:56.84	James Billings	11	Eagan
1:56.86	Dave Wenell	11	Wayzata
1:57.28	Petros Yohannes	12	Burnsville
1:57.30	Kevin Luoma	12	Virginia/Mountain Iron-Buh
1:57.59	Ron Hoffner	11	Park Center
1:57.75	Joe Alexander	12	Winona
1:57.79	Tom Newman	12	Stillwater
1:58.03	Jon Hager	12	Lake City
1:58.0	Mike Berkland	12	Mankato West
1:58.30	Kris Brevik	12	Monticello
1:58.57	Brian Erlien	12	Centennial
1:58.64	Mike Clauson	12	Murray County Central
1:58.74	Josh Berg	11	Granite Falls-Clarkfield
1:58.75	Eric Whiteis	11	Orono
1:58.91	Scott Newman	12	Stillwater
1:58.99	Ryan Przybilla	12	Pierz
1:59.12	Kent Hamre	12	Roseville Area
1:59.0	Andy Tate	10	Morris Area
1:59.28	Pat Peifer	11	Hopkins
1:59.31	Eric Schmeckpeper	10	Forest Lake
1:59.33	John Paulsen	12	Sartell
1:59.43	Brian Hanson	12	Lakeville
1:59.54	Rasheed Harris	11	Minneapolis North
1:59.59	Bob Wagoner	12	Austin
1:59.67	Seth Kersten	12	New Ulm/NU Cathedral
1:59.68	Josh Boon	10	Park
1:59.5	Nathan Paine	12	Osseo
1:59.81	Mitch Ohnstad	10	Faribault
1:59.82	Ryan Marshall	12	Tartan
2:00.10	Drew Heise	11	Mankato West
2:00.16	Brian Anderson	11	Spring Lake Park/St Anthon
2:00.18	Jason Miller	12	Duluth Central
2:00.22	Chris Burke	11	Winona
2:00.23	Abe Johnson	10	Pequot Lakes
2:00.0	Jason Boots	12	Hastings
2:00.1	Ryan Hines	8	Austin
2:00.57	Adam Stuhfaut	12	Wayzata
2:00.67	Kris Weum	11	St Paul Academy-SS
2:00.71	Jon Linden	12	Lanesboro/Fillmore Central
2:00.72	Ryan Losinski	9	LeCenter/Cleveland
2:00.73	Nathan Hjelmberg	12	North Branch
2:00.88	Chris Sutter	10	Mankato East
2:00.91	Todd Beyreuther	12	Aitkin
2:00.96	Brian Knutson	12	Wadena-Deer Creek
2:00.97	Jesse Christensen	12	St Francis
2:01.07	Matt Thiele	12	Owatonna
2:01.13	Nick Thelen	10	Park Rapids Area
2:01.26	Jake Rugh	11	Wayzata

## 1600 METERS

### 1994 LEADERS

4:19.2	Jared Pittman	12	Northfield
4:20.60	Roba Bati	12	Minneapolis Southwest
4:22.5	Andy Tate	10	Morris Area
4:22.98	Tom Newman	12	Stillwater
4:23.07	Jay Schoenfelder	11	Duluth East
4:24.9	Jon Hager	12	Lake City
4:25.42	Colin Rusch	12	St Paul Academy-SS
4:25.62	Eric Whiteis	11	Orono
4:25.64	Josh Metcalf	12	Mountain Lk/Butterfield-O
4:25.67	Frank Steed	12	Wayzata
4:25.78	Nick Knuth	12	Murray County Central
4:26.26	Todd Landgraff	11	Mankato West
4:26.63	Steve Leuer	10	Osseo
4:26.96	Todd Russell	12	Eden Prairie
4:27.0	Chris Hadley	11	Prior Lake
4:27.98	Eric Barrett	11	St Cloud Cathedral
4:28.01	Jason Owen	10	Stewartville
4:28.04	Patrick Pelham	11	Minnehaha Academy
4:28.18	Joel Fenske	12	Paynesville Area
4:28.59	Jason Boots	12	Hastings
4:28.66	Ryan Kollman	10	Centennial
4:28.6	Adam Stuhlfaut	12	Wayzata
4:28.8	Josh Kath	11	White Bear Lake
4:29.08	Jon Novak	11	St Paul Central
4:29.1	Ryan Fandrey	12	Cannon Falls
4:29.48	Eric Pierce	11	Forest Lake
4:29.68	Chet Boom	11	Shakopee
4:29.71	Kevin Nevalainen	9	Hibbing
4:29.85	Chris Sutherland	11	Coon Rapids
4:30.23	Kyle Peterman	11	Lewiston-Altura
4:30.28	Josh Conway	12	Rochester John Marshall
4:30.31	Justin Rice	11	Forest Lake
4:30.2	Kevin Luoma	12	Virginia/Mtn Iron-Buhl
4:30.88	David Herman	9	Wayzata
4:30.7	Joe Tupy	9	Tartan
4:31.07	Justin Stoltman	9	St Francis
4:31.2	Kyle Babcock	10	Woodbury
4:31.4	Ben Wahlstrand	11	Minneapolis South
4:31.9	Pat McDonell	12	Park
4:31.9	Jesse Peterson	12	Rush City
4:32.3	Jeremy Polson	10	Duluth Denfeld
4:32.59	Nick Matak	9	Duluth East
4:32.77	Christian Zimmerman	12	Minnehaha Academy
4:32.6	Josh Lindstrom	12	Bemidji
4:32	Pete Gilman	12	Byron
4:33.00	Vince Reed	10	Long Prairie-Grey Eagle
4:33.08	Josh Brang	11	Winona
4:33.09	Matt Anderson	12	Red Wing
4:33.15	Jacob Hallen	11	Wayzata
4:33.0	Jesse Christensen	12	St Francis

## 3200 METERS

### 1994 LEADERS

9:19.17	Jared Pittman	12	Northfield
9:19.76	Roba Bati	12	Minneapolis Southwest
9:23.84	Adam Stuhlfaut	12	Wayzata
9:27.31	Steve Leuer	10	Osseo
9:28.34	Andy Tate	10	Morris Area
9:29.22	Jay Schoenfelder	11	Duluth East
9:31.32	Matt Anderson	12	Red Wing
9:31.77	Josh Metcalf	12	Mountain Lake/Butterfield-O
9:32.20	Todd Landgraff	11	Mankato West
9:32.47	Colin Rusch	12	St Paul Academy-SS
9:39.40	Joel Fenske	12	Paynesville Area
9:40.3	Joe Tupy	9	Tartan
9:41.4	Ryan Kollman	10	Centennial
9:42.06	Eric Pierce	11	Forest Lake
9:42.9	Chris Sutherland	11	Coon Rapids
9:44.11	Kyle Peterman	11	Lewiston-Altura
9:44.87	Ben Wahlstrand	11	Minneapolis South
9:44.87	David Gustafson	11	MACCRAY
9:45.99	Gordon Dykhoff	12	Wadena-Deer Creek
9:46.81	Aaron Elliasen	12	Robbinsdale Armstrong
9:47.87	Jeremy Estenson	11	Alexandria
9:48.37	Nick Matak	9	Duluth East
9:48.61	Josh Kath	11	White Bear Lake
9:50.0	Pete Gilman	12	Byron
9:50.71	Chuck Smith	10	Lakeville
9:50.87	Jason Kruger	11	Owatonna
9:50.7	Ben Bassett	11	Mankato West
9:51.01	Eric Knoff	12	Stillwater
9:51.93	Justin Rice	11	Forest Lake
9:51.98	Kevin Nevalainen	9	Hibbing
9:52.78	Chris Anderson	10	Chisago Lakes
9:53.40	Jesse Adriaens	9	Eden Prairie
9:54.53	Rob Edwards	10	Prior Lake
9:54.3	Eric Anderson	9	Fairmont
9:54.57	Todd Russell	12	Eden Prairie
9:54.67	Phillip Smith	10	Lakeville
9:55.1	Josh Brang	11	Winona
9:55.42	Todd Obermiller	11	Wayzata
9:55.6	Matt Radtke	11	Mesabi East
9:55.6	Jason Loewen	12	Mountain Lake/Butterfield-O
9:56.1	Jesse Christensen	12	St Francis
9:56.77	Lucas Webinger	12	LaCrescent
9:57.23	Chris Pikus	11	Sartell
9:57.71	Justin Stoltman	9	St Francis
9:58.11	Travis Hochhalter	12	Little Falls
9:58.20	Jeff Flory	10	St Paul Central
9:58.0	Derick Netter	9	St Cloud Tech
9:58.44	Chris Rogers	10	Moorhead
9:58.4	Pat McDonell	12	Park
9:59.27	Ed Whetham	11	Stillwater

## 110 METER HURDLES

### 1994 LEADERS

14.06	Niles Deneen	12	St Paul Como Park
14.2	Chris Rogan	12	White Bear Lake
14.76	Koe Kaczor	11	Grand Rapids
14.78	Bjorn Larson	12	Mounds View
14.78	Parc Williams	12	Zumbrota-Mazeppa
14.6	Nikia Porter	12	Hopkins
14.85	Chad Fitzpatrick	12	St Clair
14.88	Phillip Day	12	St Paul Highland Park
14.92	Jason Sanders	12	Champlin Park
14.7	JJ Guevara	11	Hopkins
14.8	Chad Ostrom	12	Centennial
15.08	Ryan Stalboerger	12	Moorhead
15.09	Brad Piermantier	10	Park
15.12	Gabe Hart	12	Wayzata
15.12	Tony Asay	11	Hutchinson
14.9	Scott Hentges	11	Forest Lake
15.14	Jeff Taylor	12	Roseau
15.18	Matt Beach	12	Edina
15.0	Jeremy Chmielewski	12	Foley
15.29	Dugan Flinn	11	Redwood Valley
15.33	Lloyd Lee	12	Bloomington Jefferson
15.1	Ryan Clark	11	Byron
15.1	Luke Pfeifer	10	Frazee
15.1	Scott Heffelbower	12	White Bear Lake
15.1	Carson Romme	12	Rochester John Marshall
15.36	Sean Neubauer	11	Sleepy Eye/St Mary's
15.42	Todd Schroeder	11	Osseo
15.43	Dan Leland	12	United South Central
15.2	John Fenger	12	Eagan
15.44	John Rein	12	Lanesboro/Fillmore Centr
15.2	Jamie Kunstleben	10	Holdingford
15.2	Shawn Dirks	12	Luverne
15.2	Mike Campbell	12	Robbinsdale Armstrong
15.2	Chris Huptley	11	Stillwater
15.46	Mark Jacobson	10	Park Rapids Area
15.46	Jeremy Anderson	12	Tri-County, Karlstad
15.50	Todd Rieger	12	Centennial
15.51	Andre Taddeini	12	Irondale
15.53	Tom Skoog	12	Chokio-Alberta/Clinton-Gr.
15.53	Ben Tomhave	12	Moorhead
15.3	Tony Brandel	11	Dassel-Cokato
15.3	Chris Haugen	12	New Ulm/NU Cathedral
15.3	James Lesure	11	St Paul Como Park
15.3	Steve Porcaro	11	Wayzata
15.58	Chip Malmstrom	11	Mahtomedi
15.60	Tony Lintner	12	Anoka
15.62	Eric Boike	12	Montevideo
15.62	Josh Hemming	10	Mounds View
15.4	Jay McCall	11	Apple Valley
15.4	Damian Smith	12	Pelican Rapids

## 300 METER HURDLES

### 1994 LEADERS

38.42	Niles Deneen	12	St Paul Como Park
39.19	Jeff Taylor	12	Roseau
39.26	Travis Kluegel	12	Mahtomedi
39.2	Nathan Bahn	12	Coon Rapids
39.2	Bjorn Larson	12	Mounds View
39.3	Jason Sanders	12	Champlin Park
39.54	Gabe Hart	12	Wayzata
39.5	Sean Neubauer	11	Sleepy Eye/St Mary's
39.6	Troy Wyatt	12	Byron
39.96	Brad Willett	12	Mankato East
39.8	Skip Roepke	10	Clearbrook-Gonvick-Trail
39.8	Chris Adams	11	Mounds View
40.11	Brad Piermantier	10	Park
40.16	Andy Mattson	11	East Central
40.22	Jamie Kunstleben	10	Holdingford
40.22	Chris Haugen	12	New Ulm/NU Cathedral
40.24	Ryan Stalboerger	12	Moorhead
40.24	Mark Jacobson	10	Park Rapids Area
40.1	Chad Ostrom	12	Centennial
40.39	Steve Kafka	12	Edina
40.40	Chris Huntley	11	Stillwater
40.43	Nate Nagel	11	Stewartville
40.2	Chris Romme	12	Rochester John Marshall
40.57	Joe Kaczor	11	Grand Rapids
40.61	Jeremy Chmielewski	12	Foley
40.4	Tom Skoog	12	Chokio-Alberta/Clinton-Gr.
40.68	Mark Warder	11	Burnsville
40.69	Ryan Finke	10	Rochester Mayo
40.71	Jay McCall	11	Apple Valley
40.5	Kody Moore	11	Dilworth-Glyndon-Felton
40.5	Judson Steele	12	Minneapolis South
40.75	Russ Barclay	11	Apple Valley
40.79	Chris Roessler	11	Monticello
40.79	Scott Hentges	11	Forest Lake
40.81	Jeremy Latour	12	Shakopee
40.82	Kevin Duce	11	Simley
40.82	John Rein	12	Lanesboro/Fillmore Central
40.83	Chad Fitzpatrick	12	St Clair
40.6	Jim Micke	12	Cloquet
40.95	Nikia Porter	12	Hopkins
41.09	Nate Hedtke	10	Duluth East
41.12	Craig Fredrickson	10	Detroit Lakes
41.13	Eric Boike	12	Montevideo
40.9	Chris Rogan	12	White Bear Lake
40.9	James Lesure	11	St Paul Como Park
40.9	Tony Lintner	12	Anoka
41.0	Brian Kalmes	12	Totino-Grace
41.1	Mike Hammer	12	Paynesville Area
41.1	Daniel Norling	12	St Francis
41.1	Ryan Clark	11	Byron
41.1	Shawn Dirks	12	Luverne

## 4 x 100 METER RELAY

### 1994 LEADERS

42.87	Totino-Grace
42.99	St Paul Highland Park
43.14	Champlin Park
43.17	Coon Rapids
43.50	Lakeville
43.51	Rosemount
43.53	Moorhead
43.59	Mahtomedi
43.60	Apple Valley
43.67	Blaine
43.80	Anoka
43.6	Minneapolis Washburn
43.87	Wayzata
43.7	Bloomington Jefferson
43.98	St Paul Academy-Summit School
44.01	Detroit Lakes
43.8	St Paul Central
44.05	Chatfield
44.05	Hutchinson
44.05	Redwood Valley
44.13	Robbinsdale Armstrong
43.9	Clearbrook-Gonvick-Trail
44.17	Duluth Marshall
44.17	St Louis Park
44.18	Stillwater
44.19	Zumbrota-Mazeppa
44.21	Park Center
44.26	Jackson
44.31	Hawley/Ulen-Hitterdal
44.32	Burnsville
44.33	White Bear Lake
44.38	Mankato East
44.39	Minnetonka
44.39	Monticello
44.39	Waterville-Elysian-Morristown
44.2	Duluth East
44.51	Brainerd
44.51	Fairmont
44.53	Hibbing
44.3	Cambridge
44.54	Red Lake County
44.60	Irondale
44.61	St Cloud Cathedral
44.63	Rochester John Marshall
44.72	Winona Cotter
44.73	Edina
44.74	Concordia Academy
44.74	Murray County Central
44.75	Tartan
44.78	Roseville Area

## 4 x 400 METER RELAY

### 1994 LEADERS

3:24.82	Bloomington Jefferson
3:24.87	Edina
3:25.98	Fridley
3:25.9	St Cloud Tech
3:26.18	Eagan
3:26.56	Stillwater
3:26.70	Hopkins
3:26.5	Rosemount
3:26.84	Minnetonka
3:27.03	Bloomington Kennedy
3:27.11	Stewartville
3:27.56	Foley
3:27.90	LeSueur-Henderson
3:28.10	Burnsville
3:28.44	St Paul Academy-Summit School
3:28.46	Apple Valley
3:28.67	Blue Earth Area
3:28.71	Roseville Area
3:28.72	Murray County Central
3:28.6	Wayzata
3:28.9	St Francis
3:29.50	Willmar
3:29.51	Staples Area
3:29.58	Robbinsdale Armstrong
3:29.60	Mounds View
3:29.84	Sauk Rapids
3:30.19	Cretin-Derham Hall
3:30.0	Moorhead
3:30.26	Irondale
3:30.32	Duluth East
3:30.38	Forest Lake
3:30.54	Hastings
3:30.55	Mankato East
3:30.59	Hibbing
3:30.72	Grand Rapids
3:30.84	Chatfield
3:30.93	Mankato West
3:30.93	Monticello
3:31.2	Centennial
3:31.45	Heron Lake-Okabena-Lakefield
3:31.76	Luverne
3:31.6	St Peter
3:31.87	Pipestone-Jasper
3:31.8	Pierz
3:32.12	International Falls/Little Fork-Big F.
3:32.0	Byron
3:32.0	Sartell
3:32.25	Coon Rapids
3:32.2	Park
3:32.3	Annandale
3:32.3	Holdingsford
3:32.3	Waterville-Elysian-Morristown

## SPRINT MEDLEY RELAY

### 1994 LEADERS

3:31.26	Stewartville
3:31.63	Eagan
3:33.41	Wayzata
3:34.21	Cretin-Derham Hall
3:34.49	Burnsville
3:34.54	Virginia/Mountain Iron-Buhl
3:35.31	Minnetonka
3:35.58	Hopkins
3:35.82	Duluth East
3:36.56	Forest Lake
3:36.63	Murray County Central
3:37.63	Bloomington Jefferson
3:37.4	St Francis
3:38.13	Heron Lake-Okabena-Lakefield
3:38.0	Pierz
3:38.25	Faribault
3:38.6	White Bear Lake
3:38.6	Sartell
3:38.95	Tartan
3:39.75	Chatfield
3:39.88	Roseville Area
3:40.20	Shakopee
3:40.24	Stillwater
3:40.0	Hibbing
3:40.2	Morris Area
3:40.72	Mankato East
3:40.81	Bloomington Kennedy
3:40.90	Sauk Rapids
3:40.8	Monticello
3:41.52	Park Rapids
3:41.3	Mankato West
3:41.4	Eden Prairie
3:41.6	Grand Rapids
3:41.7	Moorhead
3:42.08	Lakeville
3:42.13	St Paul Academy-Summit School
3:42.0	Minneapolis North
3:42.24	Hawley/Ulen-Hitterdal
3:42.25	LeCenter/Cleveland
3:42.45	Annandale
3:42.3	International Falls/Littlefork-Big F.
3:42.60	Benilde-St Margaret
3:42.62	Richfield
3:42.63	Apple Valley
3:42.63	Park
3:42.4	Minnehaha Academy
3:42.4	Champlin Park
3:42.66	Spring Lake Park/St Anthony
3:42.81	Robbinsdale Armstrong
3:42.6	St Paul Central

## LONG JUMP

### 1994 LEADERS

23-0.5	Marcus Westberry	11	Minneapolis Washburn
22-11	Tyler McCormick	12	White Bear Lake
22-8.5	Jason Sheehy	11	Mahtomedi
22-8.25	Chris Walz	11	Waterville-Elysian-Morristwn
22-6	Matt Troyer	12	St Paul Highland Park
22-5.5	Matt Skulborstad	11	Rosemount
22-5	Troy Walz	12	Anoka
22-4.5	Marvin Kimble	12	Eagan
22-3.75	Brant Grimes	11	Bloomington Jefferson
22-3.75	Kris Hogrefe	12	International Falls/LF-BF
22-2.75	Dean Nyberg	10	Cromwell
22-2	Chris Schmitz	12	Clearbrook-Gonvick-Trail
22-1.75	Shawn Nielsen	12	Cambridge
22-1.75	LeRoy Brice	12	St Paul Highland Park
21-11.5	Arick Scepurek	11	Little Falls
21-11.25	Tony Asay	11	Hutchinson
21-11.25	Chris Rogan	12	White Bear Lake
21-11	Tom Skoog	12	Chokio-Alberta/Clinton-Grace
21-10.75	Troy Brekke	12	Moorhead
21-10.5	Andy Ohm	10	Elgin-Millville
21-10.5	Tommy Reynolds	12	St Paul Johnson
21-10	Erik Gunderson	12	Detroit Lakes
21-8	Travis Kluegel	12	Mahtomedi
21-7.25	Mark Rasmussen	11	Detroit Lakes
21-7	Paul Gault	12	Esko
21-6.5	Ryan Retzlaff	12	Fergus Falls
21-6.5	Jesse Bahls	12	Frazee
21-6.25	Andy Osterdyk	10	Isle/Onamia
21-6	Mike Walters	11	Isle/Onamia
21-6	Ryan Przybilla	12	Pierz
21-5.75	Kyle Monroe	12	Princeton
21-4	Cory Woodland	10	Bemidji
21-4	Trevor Hopen	12	Walker-Hackensack-Akeley/N
21-3.5	Andy Palm	12	New Ulm/NU Cathedral
21-3	Matt Wilson	12	Mounds View
21-3	Jamel Collins	12	Park Center
21-3	Chad Dingmann	12	Rocori
21-2.75	Kyle Steffen	10	Elgin-Millville
21-2.75	Ray Wilhelm	12	Stillwater
21-2.5	Thad Olson	12	Mounds View
21-2.5	Steve Klaverkamp	10	Sartell
21-2	Todd Veroeven	10	Mankato East
21-1.75	Tom Hipkins	11	Forest Lake
21-1.25	Enitan Yarborough	12	Lakeville
21-0.75	Chad Ostrom	12	Centennial
21-0.75	Joe Cimenski	11	Royalton
21-0.5	Brad Barclay	12	Elk River
21-0.5	Paul LeTendre	12	Murray County Central
21-0.25	Erik Woods	11	St Louis Park
21-0.25	Nate Nagel	11	Stewartville

## TRIPLE JUMP

### 1994 LEADERS

46-6.5	Tony Asay	11	Hutchinson
46-5	Dave Bergstrom	12	Mounds View
45-6.25	Troy Walz	12	Anoka
45-1.75	Thad Olson	12	Mounds View
45-0	Steve Wenzel	12	White Bear Lake
44-10	Troy Lindner	11	Brainerd
44-5.5	Kevin Kaesviharn	12	Lakeville
44-5	Shawn Nielsen	12	Cambridge
44-5	Adam Freed	10	Duluth Marshall
44-2.5	Marcus Westberry	11	Minneapolis Washburn
44-2.5	Phil Isika	11	Champlin Park
44-1.75	Cory Woodland	10	Bemidji
44-1.25	Brian Bermtsen	11	Hermantown
44-1	Troy Stresemann	11	Comfrey/Springfield
44-0.25	Will Kurth	12	Rochester John Marshall
44-0	Kris Hogrefe	12	International Falls/LF-BF
43-11.75	Mike Walters	11	Isle/Onamia
43-10.5	Tom Ngo	11	Stillwater
43-9.5	Jarrood Finseth	11	Win-E-Mac
43-7.25	John Fenger	12	Eagan
43-7	Jim Mattson	11	Pine Island
43-6.5	Chris Walz	11	Waterville-Elysian-Morristo
43-6.5	Marc Brown	10	St Paul Highland Park
43-5	Gabe Valtiera	12	East Grand Forks
43-4.75	Enitan Yarborough	12	Lakeville
43-1	Lane Belling	12	Belgrade-Brooten-Elrosa
43-0.25	David Smith	11	Norwood-Young America
42-11.75	Jake Brown	11	Grand Rapids
42-11.25	Mike Kawalek	12	Mora
42-10.75	Brian Schletty	10	Cretin-Derham Hall
42-10.5	Paul Schmidgall	11	Hancock
42-10.25	Mike Johnson	12	Brainerd
42-10	Brent Rassier	11	St Cloud Apollo
42-9.5	Luke Peterson	12	Lanesboro/Fillmore Central
42-9	Jon Rouse	11	BOLD
42-8.5	Kevin Davis	11	Mankato East
42-8.5	Scott Zak	12	Marshall County Central
42-8	Blake Benschoter	12	St John's Prep
42-7.25	Reagan Weiby	11	Hutchinson
42-7	Arick Scepurek	11	Little Falls
42-7	Chris Rogan	12	White Bear Lake
42-7	David Holmes	12	Breck
42-6.75	Chad Ostrom	12	Centennial
42-6.5	Nathan Dahlager	12	Belview-Danube-Renville-SH
42-6	Kyle Monroe	12	Princeton
42-6	Travis Bly	12	Waubun
42-4	Andy Titus	11	Jackson
42-2.5	Nathan Carter	12	Concordia Academy
42-2	Jesse Bahls	12	Frazee
42-2	Dain Erickson	11	Lac Qui Parle Valley
42-2	Ryan Buttenhoff	10	St Cloud Tech
42-2	Dan Linder	12	United South Central

## HIGH JUMP

### 1994 LEADERS

7-0	Shawn Nielsen	12	Cambridge
6-11	Nathan Dahlager	12	Belview-Danube-Renville-SH
6-9	Marcus Westberry	11	Minneapolis Washburn
6-8	Dan Linder	12	United South Central
6-8	Tyler McCormick	12	White Bear Lake
6-8	Aaron Bond	12	Belview-Danube-Renville-SH
6-8	Eric Peterson	12	St Paul Central
6-7.25	Craig Fredrickson	10	Detroit Lakes
6-7	John Fenger	12	Eagan
6-7	Kyle Johnson	11	Coon Rapids
6-6	Mike Hammer	12	Paynesville Area
6-6	Will Kurth	12	Rochester John Marshall
6-6	Jeff Schmidt	10	Blaine
6-6	Aaron Larson	11	Centennial
6-6	Jon Markuson	12	Chaska
6-6	Troy Shoberg	11	Forest Lake
6-5	Thad Olson	12	Mounds View
6-5	Brent Holte	11	Grand Rapids
6-5	Jeff Bentley	10	Hawley/Ulen-Hitterdal
6-5	Brandon Sorensen	12	Minnehaha Academy
6-5	Cory Schmidgall	10	Morris Area
6-5	Andy Lerberg	10	Osseo
6-5	Terry Christianson	12	Russell-Tyler-Ruthton
6-5	Joe Seifert	12	St Michael-Albertville
6-5	Charles Shaner	12	Stewartville
6-4.5	Jeff Paulson	9	Pipestone-Jasper
6-4	Cory Woodland	10	Bemidji
6-4	Brian Berntsen	11	Hermantown
6-4	Blake Benschoter	12	St John's Prep
6-4	Arick Scepurek	11	Little Falls
6-4	Trevor Hopen	12	Walker-Hackensack-Akeley/N
6-4	Matt Wilson	12	Mounds View
6-4	Paul LeTendre	12	Murray County Central
6-4	Craig Madsen	12	Bertha-Hewitt/Verndale
6-4	Bryan Gilbert	12	Duluth Marshall
6-4	Brian Stegeman	11	Eagan
6-4	Jason Melbostad	12	Elgin-Millville
6-4	Chris Hoff	12	Fisher
6-4	Jeff Milkovich	11	Hibbing
6-4	John Swan	12	Hopkins
6-4	Ben Butterfield	12	LaCrescent
6-4	Phil Gardner	10	Lakeville
6-4	Rob Ruda	12	Long Prairie-Grey Eagle
6-4	JJ Joppru	11	Minnetonka
6-4	Joel Plocher	11	Minnesota Valley Lutheran
6-4	Chad Ferrie	12	North Branch
6-4	Brian Czech	11	Royalton
6-4	Shawn Welch	12	Stillwater
6-4	Scott Heffelbower	12	White Bear Lake
6-4	Dan Heiser	12	Winsted Holy Trinity
6-4	Doug Brands	12	Worthington

## POLE VAULT

### 1994 LEADERS

15-3	Chip Malmstrom	11	Mahtomedi
15-3	Jon Anderson	12	Morris Area
15-0	Mike Moberg	12	Hibbing
14-9	BJ Jones	11	Plainview
14-8	Scott Trombley	12	Hopkins
14-8	Langdon Stahle	12	Minnetonka
14-8	Noah Barnes	12	Richfield
14-6	Andy Stark	11	Apple Valley
14-6	Sam Chittenden	12	Stillwater
14-6	Mike Edwards	12	Winona
14-6	Jeff Klein	12	Zumbrota-Mazeppa
14-3	Paul Roach	12	Little Falls
14-3	Ben Ott	12	Walker-Hackensack-Akeley/N
14-0.5	Khoun Thammalangsy	10	Lakeville
14-0	Aaron Mertz	12	Bloomington Jefferson
14-0	Mike Brockwell	10	Edina
14-0	Greg Theuringer	11	Hopkins
14-0	Jim Schroeder	12	Hopkins
14-0	Dan Sturges	11	Hutchinson
13-11	Nate Villnow	11	Willmar
13-9	Kyle Effinger	11	Brooklyn Center
13-8.5	Jim Indahl	11	International Falls/LF-BF
13-8	Doug Cabak	11	Richfield
13-8	Henry Ewers	12	St Cloud Tech
13-6	Chris Chandler	11	Crookston
13-6	Dan Shroyer	10	Grand Rapids
13-6	Mike McFarland	12	Hibbing
13-6	Pete Landherr	11	Owatonna
13-6	Greg Easterlund	12	Sartell
13-6	Dave Boese	11	St Cloud Apollo
13-4	Andrew Eggerth	11	Spring Lake Park/St Anthony
13-3	Justin Ambrose	12	Heron Lake-Okabena-Lakefield
13-3	Jay Hatleli	10	Lanesboro/Fillmore Central
13-3	Mike Johnson	11	Murray County Central
13-3	Michael Riley	11	St Peter
13-3	Chad Willard	11	Tracy-Milroy/Balaton
13-0	Cory Schmidgall	10	Morris Area
13-0	Shawn Miller	10	Cambridge
13-0	Jason Schmidt	11	Centennial
13-0	Dave Joas	10	Eden Prairie
13-0	Scott Cheslak	11	Esko
13-0	Wade Frisbie	10	Foley
13-0	Phet Thammalangsy	12	Lakeville
13-0	Jace Porter	12	Mesabi East
13-0	Josh Blonigan	12	Monticello
13-0	Andy Solsvig	12	Minneapolis Washburn
13-0	Leroy Mosby	11	Robbinsdale Cooper
13-0	Tim McMenomy	10	Rosemount
13-0	John Webb	12	Rosemount
13-0	Paul Trobec	11	Sartell
13-0	Bob Huebert	12	St Cloud Tech
13-0	Ken Range	12	St Paul Highland Park
13-0	Cory Grenier	10	Willmar



## SHOT PUT

### 1994 LEADERS

59-2	Nate Pederson	12	Brainerd
57-7.25	Gary Kummet	12	Pierz
56-10.25	TJ DeBates	11	Stewartville
56-0	Troy Duerr	12	Buffalo
55-9	Gary Horack	12	Hibbing
55-6.5	Dan Gerads	12	Albany
54-9.75	Jeff Schwantz	12	Elgin-Millville
54-1.75	Anthony Johnson	11	Chaska
53-5.5	Jason Caskey	11	Pipestone-Jasper
53-4	Josh Halvorson	12	Rosemount
53-3.75	Justin Asher	10	Wayzata
53-3.5	Ben McAninch	12	New Ulm/NU Cathedral
53-2.25	Tony Kauck	12	Minneapolis Washburn
52-10	Adam Boerema	11	Willmar
52-9	Brad Kliegel	12	Mankato East
52-9	Eric Olson	12	Monticello
52-6.75	Darwin Dumonceaux	11	St John's Prep
52-5.5	Tedd Ratzloff	12	Pipestone-Jasper
52-4.25	Ken Froemming	11	Alexandria
52-2	Dan March	12	Stillwater
51-10	Ryan Viergutz	12	Alexandria
51-9.75	Jeff Aspe	12	Tartan
51-7.5	Erik Carlson	12	Chisago Lakes
51-7	Desi Long	12	Cretin-Derham Hall
51-6	Brad Prigge	11	Zumbrota-Mazeppa
51-4	Woody Sankey	12	St Cloud Tech
51-0	Jon Huisinga	12	Willmar
50-11	Gary Reigel	12	Deer River
50-11	Brian Johnson	12	Forest Lake
50-11	Joe Hayes	11	Park
50-9.25	Shane Bohnert	12	Mankato East
50-9	Paul Senst	12	Two Harbors
50-8.5	Paul Bartlette	11	East Grand Forks
50-8	Derrick Bianchi	12	New Ulm/NU Cathedral
50-6.5	Mark Sikkink	12	Lanesboro/Fillmore Cen
50-6.25	Jason Grott	12	Monticello
50-6	Mike O'Neill	12	Spring Lake Park/St Ant
50-5.75	Cory Prawdzik	11	Apple Valley
50-3	Alex Sentyrz	12	Anoka
49-11.75	Stuart Lowe	12	Woodbury
49-8.5	Chad Nicholls	12	Irondale
49-8.25	Mike Rios	12	Roseville Area
49-8	Tim Senjem	10	Hayfield
49-7	Kris Hoffarth	11	St Paul Johnson
49-4	Jason Skramsted	12	Centennial
49-2.25	Matt Brown	12	Duluth East
49-2	Jeff Dingman	11	Foley
49-1.75	Mike Westphal	12	Owatonna
49-1	Aaron Weyer	12	Sartell
49-0.75	Mark Fahey	10	Forest Lake

## DISCUS

### 1994 LEADERS

175-9	Dan March	12	Stillwater
170-1	Justin Asher	10	Wayzata
168-7	Dave Anderson	11	Dilworth-Glyndon-Felton
168-0	Jason Grott	12	Monticello
167-7	Erik Bolme	11	Grand Rapids
165-5	Adam Boerema	11	Willmar
164-5	Erick Lehet	12	Edina
163-11	Mark Fahey	10	Forest Lake
163-10	Todd Sandbo	12	Worthington
162-10	Ben Taylor	12	Lanesboro/Fillmore Central
161-7	Anthony Johnson	11	Chaska
161-5	Brad Kliegel	12	Mankato East
160-11	Jeff Schwantz	12	Elgin-Millville
160-3	Chris Takase	11	Park
160-2	Matti Penttila	11	Forest Lake
159-0	Pete Miller	12	Buffalo
158-11	Eric Fowler	12	Holdingsford
158-6	Gary Kummet	12	Pierz
157-7	Curt Krenzke	10	Faribault
157-2	Ken Froemming	11	Alexandria
155-11	Alex Sentyrz	12	Anoka
154-6	Kelly Kobernusz	11	Hutchinson
154-4	Aaron Nelson	12	Anoka
153-9	Tony Kauck	12	Minneapolis Washburn
153-6	Josh Halvorson	12	Rosemount
153-2	Mike Mosey	11	Dilworth-Glyndon-Felton
151-11	Brian Fick	12	Luverne
151-9	Leroy Ask	12	Luverne
151-4	Matt Brown	12	Duluth East
151-2	Woody Sankey	12	St Cloud Tech
151-0	Alex Barrett	11	Park Center
150-8	Shawn Growe	12	Shakopee
150-2	Brian Runnigen	11	Fergus Falls
150-0	Mike Stay	12	Shakopee
149-10	Dan Gerads	12	Albany
149-10	Mike Rios	12	Roseville Area
149-8	Cory Prawdzik	11	Apple Valley
149-8	Tim Paulson	11	Stewartville
149-2	Josh Nyquist	12	Dassel-Cokato
149-0	Parc Williams	12	Zumbrota-Mazeppa
148-5	Jay Eisenmenger	11	Maple River
148-4	Eric Tomaszewski	12	Winona
148-2	Mike Westphal	12	Owatonna
148-1	Gary Reigel	12	Deer River
148-1	Randy McLain	11	St Francis
147-9	Quinn Bissonette	11	Stewartville
147-8	Jeremy Todd	12	New Ulm/NU Cathedral
147-7	Kelly Olson	12	Ashby/Brandon/Evansville
147-6	Steve Kimball	11	Sartell
147-4	Mike Korf	12	Browerville
147-4	Rob Evert	12	Eden Prairie